

**APPENDIX II. INDICATIVE SCHEDULE FOR THE LIFTING OF THE NATIONWIDE RESTRICTIONS ESTABLISHED DURING THE STATE OF EMERGENCY, BASED ON THE PHASES OF TRANSITION TO A NEW NORMALITY**

**Note. This forecast is solely indicative and not exhaustive in nature. The specific dates and details for the effective lifting of the restrictions established during the state of emergency will be decided through the corresponding legal instruments. The common rules applicable to all the measures could also be adapted, depending on the evolution of the pandemic, or on other substantiated circumstances.**

Common rules applicable to all activities:

- (i) All permitted activities must be carried out observing safety, self-protection, and social distancing conditions. The use of face masks outside of the home is highly recommendable when social distancing cannot be guaranteed. Similarly, the availability of and access to hydroalcoholic solutions for frequent hand cleansing must be facilitated.
- (ii) All the small business premises and other establishments, as well as their fixtures and fittings, at which the permitted activities are carried out must be regularly disinfected and sanitized.
- (iii) In general, until we have achieved the new normality by successfully completing Phase III, no travel to a province different to that of residence will be allowed, except for substantiated reasons. Once we have entered the new normality, travel between provinces will be permitted when both the province of origin and the province of destination have successfully completed Phase III.
- (iv) All the activities and corresponding restrictions set forth in the table below will be maintained in the successive phases of the de-escalation process, unless other restrictions are indicated.
- (v) Any travel, irrespective of the means of transport, must be made for the purpose of carrying out a permitted activity.

AREA OF ACTIVITY	PHASE 0	PHASE I	PHASE II	PHASE III
<b>WORK</b>	<p>Teleworking will be encouraged in companies and for jobs where this is possible.</p> <p>The times of entry into and departure from work centres will be staggered.</p>	<p>The occupational health and safety requirements necessary for different activities will be analysed and adapted to Covid-19.</p>		<p>Protocols will be established for workers to return to companies in person to carry out work activities (use of PPE and/or other safety measures), with staggered work schedules and work-life balance guarantees.</p>
<b>PERSONAL</b>	<p><i>Extraordinary additional steps may be adopted on those islands that are already in a position to enter Phase I.</i></p> <p>Children, adults and co-residents will be allowed to go out for walks.</p> <p>Tending to family, grow-your-own and municipal allotments will be allowed, provided that they are in the same municipality as the place</p>	<p>Easement measures will include provisions for the specific protection of all vulnerable groups.</p> <p>Social contact in small groups will be permitted for non-vulnerable people with no pre-existing conditions.</p> <p>Occupancy of private vehicles will be subject to limits, except in the case of people who live together in</p>	<p>Easement measures will include provisions for the specific protection of a small number of vulnerable groups.</p> <p>Social contact in larger groups will be permitted for non-vulnerable people with no pre-existing conditions.</p>	<p>Easement measures will include provisions for the specific protection of certain vulnerable groups.</p> <p>Social contact will be permitted for non-vulnerable people with no pre-existing conditions.</p> <p>A larger number of individuals will be permitted to attend vigils for the deceased, subject to</p>

	<p>of residence or in an adjacent municipality, and the due hygiene and social distancing precautions are adopted.</p> <p>The demand in mobility will be managed as necessary (flexibility during peak hours, etc.) to prevent crowding.</p> <p>A larger number of messages and billboards will be placed in areas where crowds could gather (train stations, metro stations and bus stops, airports, ports, etc.), reminding people of safety distances, hygiene measures, etc.</p> <p>The use of face masks on public transport and for all activities outside of the home will be strongly recommended.</p>	<p>the same home, who will be allowed to travel together.</p> <p>A limited number of individuals will be permitted to attend vigils for deceased family members, subject to physical distance and safety protocols.</p>	<p>Travelling to second homes will be permitted as long as they are in the same province.</p> <p>Weddings with a limited number of guests will be allowed.</p> <p>A less limited number of individuals will be permitted to attend vigils for deceased family members, subject to physical distance and safety protocols.</p>	<p>physical distance and safety protocols.</p> <p>Weddings for a larger number of guests will be allowed.</p>
<b>SOCIAL SERVICES</b>	<p>The re-incorporation of social workers will be completed, given the key role they play in protecting especially vulnerable groups.</p>	<p>Social services will be steadily reactivated, with priority care for the most disadvantaged groups, in line with the established health recommendations.</p> <p>These services will include care for people with disabilities, early childhood therapies, occupational therapy, rehabilitation and psychological and social support.</p> <p>Older people not living in nursing homes will be provided with homecare and monitored on an ongoing basis.</p>	<p>People with disabilities living at residential centres or in assisted living housing (except in the case of nursing homes for older people) may be visited by one family member.</p>	<p>Foreseeable de-escalation and review of the nursing home model.</p>
<b>EDUCATION, UNIVERSITIES</b>	<p>Online or distance learning will be promoted.</p>	<p>Schools will be opened for disinfection, any necessary refurbishment, and for the administrative and preparatory</p>	<p>Nursery schools for children up to the age of 6 will be opened for children whose parents are able to substantiate that they cannot work</p>	

	<p>work of teaching and auxiliary staff.</p> <p>Universities will be opened for disinfection, any necessary refurbishment, and for administrative and research duties.</p> <p>University laboratories will be opened.</p>	<p>from home and whose work schedules are not flexible. Capacity limitations will apply in all cases.</p> <p>The academic year courses ending specific stages of education (4<sup>th</sup> year of lower secondary school, 2<sup>nd</sup> year of upper secondary school, 2<sup>nd</sup> year of mid- and advanced-level vocational training, and final year of learning in specific areas such as the arts, languages, religious instruction and military training) will be commenced and any groups of over 15 students will be divided by half, with 50% of students attending alternate or parallel sessions held for these half-groups. Student attendance during this phase will be voluntary.</p> <p>Special education schools will be allowed to open, and student attendance will be voluntary.</p> <p>External evaluation at the end of upper-secondary education for university access.</p> <p>Schools will prepare and implement face-to-face remedial programmes for those students not mentioned above.</p>	
<p><b>SCIENCE AND INNOVATION</b></p>	<p>Those scientific-technical facilities that were shut down during the first stage of the pandemic because they were not considered essential in the short term will be gradually reopened.</p>	<p>The holding of scientific and/or innovation seminars will be permitted subject to the maintenance of a social distance of at least 2 metres and a maximum of 50 participants, guaranteeing compliance with safety protocols.</p>	<p>The holding of science and/or innovation seminars, congresses and fairs will be permitted subject to the maintenance of a social distance of at least 2 metres and a maximum of 80 participants, guaranteeing</p>

	<p>The holding of scientific and/or innovation seminars and congresses will be permitted subject to the maintenance of a social distance of at least 2 metres and a maximum of 30 participants, guaranteeing compliance with safety protocols.</p>	<p>Research student accommodation will be reopened, subject to the conditions established for hotels and similar establishments.</p> <p>Science and technology museums and <i>Casas de la Ciencia</i> will be opened to the public, under the same rules prevailing for other museums and cultural centres.</p>	<p>compliance with safety protocols.</p> <p>Activities of scientific-technical dissemination, such as informative workshops, will be permitted subject to the necessary restrictions.</p>	
<p><b>RETAIL TRADE AND SERVICE-BASED ACTIVITIES</b></p>	<p>Small business premises and establishments offering prior appointments will be allowed to attend to clients on an individual basis. These premises must have a counter, partition or, when this is not possible, guarantee maximum levels of individual protection.</p> <p>A preferential timeslot will be established for people aged over 65.</p> <p>When the professional service requires having contact with the client, the use of protection measures such as a face mask and gloves will be mandatory.</p>	<p>Small business premises and retail establishments will be allowed to open, but this will not extend to shopping centres and retail parks.</p> <p>This does not affect the activity of those establishments located inside shopping centres which have been allowed to remain open to the public during the state of emergency.</p> <p>A 30% legal capacity limitation will apply. A minimum distance of 2 metres between clients must be guaranteed. When this is not possible, only one client will be allowed inside the premises at a time.</p> <p>A preferential timeslot will be established for people aged over 65.</p> <p>When the corresponding city council so proposes, outdoor markets and street traders will also be allowed to recommence their activity in public thoroughfares, maintaining the stipulated distances between stands, and delimiting street markets for the</p>	<p>Shopping centres and retail parks will be opened to the public. Lingered in common or recreational areas will be prohibited.</p> <p>A 40% legal capacity limitation will apply. In all cases, a minimum distance of 2 metres between clients must be guaranteed.</p> <p>At premises where this distance is not possible, only one client will be allowed inside at a time.</p> <p>A preferential timeslot will be established for people aged over 65.</p> <p>Outdoor markets and street traders will be permitted to operate a larger number of stands—up to 1/3 of legal capacity—or maintain the same distances by increasing the surface area of the market, subject to the measures set forth in Phase I.</p> <p>Those educational and training centres (driving schools, academies, etc.) not included in the sections on education and</p>	<p>The prohibition against using the common and recreational areas of shopping centres will be lifted.</p> <p>A 50% legal capacity limitation will apply. The safety distance will be maintained at 2 metres.</p> <p>Outdoor markets and street traders will be allowed to step up their activity to 50% of total stands, or maintain the same distance between stands by increasing the surface area of the market. These specifics will be decided by the city councils, which must guarantee a 2-metre safety distance between individuals.</p>

		<p>proper control and monitoring of capacity by law enforcement. Initially, only 25% of the usual number of stands will be permitted to open, unless the market surface area is increased to ensure maintenance of the safety distance between stands and among the general public.</p>	<p>science will be allowed to open. The necessary distancing, hygiene and protection measures will be established.</p>	
<p><b>RESTAURANTS, CAFÉS AND BARS</b></p>	<p>Restaurants and cafés will be allowed to open for takeaways. No food or drink may be consumed on the premises.</p>	<p>Outdoor cafés will be allowed to open up to 30% of the tables permitted in prior years under the municipal licence, thus guaranteeing safety distances. The opening of a larger number of tables will be permitted if the city council allows these cafés to occupy a larger surface area, always respecting a tables/surface area proportion of 30% and with a proportional increase in the pedestrian space on the same section of the street or thoroughfare.</p>	<p>Food and drink may be consumed inside those premises, with table service only, where the necessary separation between seated clients and between tables can be guaranteed, except for night clubs and late-night bars. A 1/3 legal capacity limitation will apply. Clients may only consume food and drink on the premises when seated at a table; otherwise they must order to take away.</p>	<p>Premises will be allowed to open up to a maximum of 1/2 of legal capacity, guaranteeing the necessary separation of clients. Standing room capacity will be subject to a minimum distance of 1.5 metres between clients at the bar.</p> <p>Outdoor cafés will be allowed to open up to 50% of the tables permitted in prior years under the municipal licence. More tables can be opened if the city council allows them to occupy a greater surface area, respecting a tables/surface area proportion of 50%.</p> <p>Night clubs and late-night bars will be allowed to open at 1/3 of their legal capacity.</p>
<p><b>HOTELS AND TOURIST ACCOMODATION</b></p>	<p>No activity will be permitted except in a few, exceptional cases for which regulations have already been published.</p>	<p>Hotels and tourist accommodation will be opened, but common areas may not be used. Restrictions may be applied to dining and other activities. Establishments will be disinfected, and health and hygiene standards strengthened.</p>	<p>Common areas will be opened at 1/3 of their legal capacity except in the case of bars, restaurants and cafés, which will be subject to the restrictions set forth for this sector.</p>	<p>Common areas will be opened at 1/2 of their legal capacity except in the case of bars, restaurants and cafés, which will be subject to the restrictions set forth for this sector.</p>

<p><b>AGRICULTURE</b></p>	<p>The remaining restrictions on agrifood and fishing activities will be lifted.</p> <p>(* Commercial agricultural and livestock farming activities (bottled wine, live animals) will be governed by the regulations set forth for retail trade. Farmer's markets will be regulated in the section on retail trade.</p>	<p>Recommencement of recreational hunting and fishing will be permitted.</p>		
<p><b>CULTURAL AND LEISURE ACTIVITIES</b></p>	<p>Archives will be opened.</p>	<p>Libraries will be opened (for books to be taken out and/or consulted on the premises, subject to limits on the number of people allowed in the library at a time).</p> <p>Indoor cultural events and shows for fewer than 30 people (up to 1/3 of capacity) will be permitted.</p> <p>Outdoor cultural events and shows for fewer than 200 people will be permitted (provided there is audience seating and the necessary distances are maintained).</p> <p>Museums will be opened for visits (no cultural activities) at 1/3 of legal capacity, with measures in place to prevent crowding in certain rooms.</p> <p>Active and nature tourism will be permitted for small groups.</p> <p>Audio-visual production and shooting of films and series will be permitted.</p>	<p>Cinemas, theatres, auditoriums and similar spaces (with pre-assigned seating) will be allowed to open at 1/3 of capacity.</p> <p>Monuments and other cultural facilities will be permitted to open for visits (no cultural activities) at 1/3 of capacity.</p> <p>Exhibition, conference and multi-purpose spaces will be permitted to open at 1/3 of capacity, with measures in place to prevent crowding.</p> <p>Indoor cultural events and shows for fewer than 50 people (up to 1/3 of capacity) will be permitted.</p> <p>Outdoor cultural and leisure events and shows for fewer than 400 people will be permitted (provided that there is audience seating and the necessary distances are maintained).</p> <p>Active and nature tourism and for larger groups will be permitted.</p>	<p>Activities that operated at 1/3 of capacity in Phase II will be able to operate at 1/2 capacity in this phase.</p> <p>Performing art and musical venues will be permitted to open at 1/3 of capacity.</p> <p>Indoor cultural events and shows for fewer than 80 people (1/3 of capacity) will be permitted.</p> <p>Bullfighting rings, arenas and facilities will be permitted to open, subject to a limit on capacity that guarantees 9 m<sup>2</sup> per person.</p> <p>Outdoor cultural events and shows, and theme and leisure parks for fewer than 800 people will be permitted provided that there is audience seating and the necessary distances are maintained.</p> <p>Active and nature tourism will be permitted.</p>

				Beaches will be opened, subject to safety and distancing conditions.
<b>PROFESSIONAL AND FEDERATED SPORTS</b>	<p>Professional and federated athletes will be permitted to train on an individual basis.</p> <p>Basic training will be permitted in professional leagues.</p> <p>Non-contact sports will be permitted.</p>	<p>High-performance centres will be opened with strengthened hygiene and protection measures and, if possible, different timeslots.</p> <p>Mid-level training will be permitted in professional leagues.</p>	<p>Basic training will be permitted in federated amateur leagues.</p> <p>Full training will be permitted in professional leagues.</p> <p>Professional championships will be recommenced with closed-door matches or at stadiums subject to capacity limitations. These events may be broadcasted.</p>	<p>Mid-level training will be permitted in federated amateur leagues.</p>
<b>AMATEUR SPORTS</b>	<p>Non-contact sports activities (such as cycling, running, skating and surfing) will be permitted, provided that they are practised individually and with adequate protection (e.g. with distancing, and use of face masks in non-water sports whenever possible).</p>	<p>Outdoor sports facilities will be reopened with no spectators (only to practise non-contact sports, such as athletics and tennis).</p> <p>Individual sports activities will be permitted by appointment at sports facilities that do not require physical contact or use of changing rooms.</p>	<p>Outdoor sports shows and activities will be permitted with limited capacity, in similar terms to those for cultural and leisure activities in this phase.</p> <p>Indoor sports facilities will be reopened with no spectators (only to practise non-contact sports or sports with a low risk of contagion).</p>	<p>Outdoor sports shows and activities will be permitted with less limited capacity, in similar terms to those for cultural and leisure activities in this phase.</p> <p>Indoor sports shows and activities will be permitted (only to practise non-contact sports or sports with a moderate risk of contagion, e.g. skating rinks). Spectators will be limited to one person per 20 m<sup>2</sup>.</p> <p>Matches may be held provided that only a maximum of 1/3 of the venue's legal capacity is utilized, always guaranteeing the safety distance between spectators. Outdoor sports activities or activities utilizing a maximum of 1/3 of the gym's legal capacity, and not using changing rooms, will also be permitted.</p>



<b>PLACES OF RELIGIOUS WORSHIP</b>		Limitation to 1/3 of their legal capacity.	Limitation to 1/2 of their legal capacity.	
<b>URBAN AND OUTLYING URBAN MOBILITY</b>	<p>The frequency of public transport will be increased gradually, especially during peak hours.</p> <p>Strengthened mobility plans, including demand management, will be prepared.</p> <p>In the distribution of occupancy, special attention will be paid to providing spaces for persons with disabilities.</p>	<p>Urban and inter-urban public transport will operate at 80%-100% service levels.</p> <p>Passenger demand management measures will be implemented.</p> <p>A benchmark occupancy factor will be established:</p>		All public transport will operate at 100%.
<b>MEDIUM- TO LONG-DISTANCE LAND MOBILITY (COACH AND RAIL)</b>	<p>The current conditions will be maintained (limitation of the service to 30% of that under normal conditions).</p> <p>In the distribution of occupancy, special attention will be paid to providing spaces for persons with disabilities.</p>	<p>The current conditions will be maintained (limitation of the service to 30%). Occupancy of vehicles will be limited to 50%.</p> <p>Catering on trains will be prohibited.</p>		Possible increase in the occupancy of vehicles (coaches and trains).
<b>AIR MOBILITY (SUBJECT TO EUROPEAN OR INTERNATIONAL SAFETY AGREEMENTS)</b>				
<b>MARITIME TRANSPORT</b>	<p>The current conditions will be maintained.</p> <p>In the distribution of occupancy, special attention will be paid to providing spaces for persons with disabilities.</p>	<p>The current conditions will be maintained, unless otherwise agreed with the corresponding Autonomous Communities and Cities in the working group.</p> <p>Occupancy: 50% of seating capacity, or a separation of at</p>		<p>The regulatory restriction prohibiting passengers from boarding ferries will be lifted, subject to the evolution of health parameters.</p> <p>Recreational nautical activities will be authorized.</p>

least 2 metres between seats.  
100% in cabins, provided that they  
are occupied by people who live in  
the same home.